




January 2020



Oak Park Senior Living
 13936 Lower 59th St No Oak Park Heights, MN 55082
 Chef / Reservations: 651-275-8084
 Email: joelc@oakparkseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement	 1 New Years Day Noontime Dinner Grilled Beef Tenderloin OR Chicken Gravy over Biscuits Evening Supper Pizza Rotini Casserole OR Patty Melt on Marble Rye	2 Noontime Dinner Pan Fried Rainbow Trout OR Braised Pork Chop Evening Supper Grilled Chicken Sandwich OR Greek Salmon Salad	3 Noontime Dinner Red Wine Beef Short Ribs OR Butterfly Shrimp Evening Supper Grilled Cheese w/Tomato Soup OR Chicken & Avocado Salad	4 Noontime Dinner Country Fried Steak OR Open Faced Turkey Sandwich Evening Supper Philly Beef Sandwich OR Strawberry & Chicken Salad
5 Noontime Dinner Chicken Kiev OR Potato Crusted Cod Evening Supper Tater Tot Hot Dish OR Grilled Turkey Burger	6 Noontime Dinner Beef Lasagna OR Grilled BBQ Chicken Evening Supper Grilled Bratwurst w/Coleslaw OR Popcorn Shrimp	7 Noontime Dinner Pork Chow Mein OR Crab Cakes with Rice Pilaf Evening Supper B.L.T. Sandwich w/Potato Salad OR Blueberry Pancakes	8 Noontime Dinner Swiss Steak w/Baked Potato OR Fried Zander w/Baked Potato Evening Supper Grilled Hawaiian Melt OR Chicken Tenders w/Fruit Salad	9 Noontime Dinner Homemade Beef Pot Pie OR Chicken & Spinach Cannelloni Evening Supper French Dip with Au Jus OR Pecan Chicken Salad	10 Noontime Dinner Pork Tenderloin OR Asian Glazed Salmon Evening Supper Coconut Shrimp w/3 Bean Salad OR Rodeo Burger w/3 Bean Salad	11 Noontime Dinner Herb Roasted Chicken OR Roast Beef with Gravy Evening Supper Turkey & Ham Club Sandwich OR Shrimp Caesar Salad
12 Noontime Dinner Honey Baked Ham OR Crusted Pollock Evening Supper Chef Salad with Deli Meat OR Breaded Chicken Sandwich	13 Noontime Dinner Spaghetti and Meatballs OR Cider Braised Duck Leg Evening Supper Pot Roast & Cheddar Sliders OR Egg & Tuna Salad Cold Plate	14 Noontime Dinner Sun Dried Tomato Chicken OR Flat Iron Steak Evening Supper Corn Beef and Hash with Eggs OR Chicken Broccoli Casserole	15 Noontime Dinner Baby Back Ribs w/Baked Beans OR Chicken Fettuccini Alfredo Evening Supper Grilled Turkey & Swiss w/Soup OR Hungry Hog Flatbread Pizza	16 Noontime Dinner Mediterranean Shrimp Scampi OR Chicken Enchiladas and Rice Evening Supper Chili Cheese Hot Dog OR Chicken and Spinach Salad	17 Noontime Dinner Baked Walleye OR Slow Roasted Prime Rib Evening Supper Pulled Pork Cuban Sandwich OR Fried Cod Sandwich	18 Noontime Dinner Open Roast Beef Sandwich OR Chicken and Dumplings Evening Supper Turkey Cobb Salad OR Grilled Ham and Cheese
19 Noontime Dinner BBQ Pork Ends OR Cracker Crusted Haddock Evening Supper Grilled Reuben Sandwich OR Spaghetti Hot Dish	20 Noontime Dinner Fried Chicken w/Sweet Potatoes OR Beef Stroganoff Evening Supper Chicken Caesar Salad OR California Burger	21 Noontime Dinner Citrus Glazed Tilapia OR Kielbasa with Mac and Cheese Evening Supper Steak and Bleu Cheese Salad OR Salami & Ham Italian Sub	22 Noontime Dinner Homemade Chicken Pot Pie OR Creamy Shrimp and Grits Evening Supper B.L.T. Salad w/Buttermilk Ranch OR Beef Quesadilla w/Sour Cream	23 Noontime Dinner Pot Roast w/Mashed Potatoes OR Slow Roasted Turkey Evening Supper Beef Goulash w/Cheese bread OR Fried Chicken Wings	24 Noontime Dinner Herb Roasted Pork Loin OR Corn Meal Crusted Catfish Evening Supper Thai Shrimp Salad OR Ball Park Hot Dog w/Coleslaw	25 Noontime Dinner Country Style BBQ Ribs OR French Onion Chicken Evening Supper Ham and Cheese Quiche OR Hot Shredded Beef Sandwich
26 Noontime Dinner Honey Baked Ham OR Broccoli Stuffed Chicken Evening Supper Meat Lover's Pizza OR Chicken Noodle Casserole	27 Noontime Dinner Butterfly Coconut Shrimp OR Cashew Chicken Stir Fry Tuna Melt with Tater Tots OR Sloppy Joes with Tater Tots	28 Noontime Dinner Homemade Salisbury Steak OR Apple Orchard Chicken Evening Supper Shredded Beef & Swiss Sliders OR Banana Fosters French Toast	29 Noontime Dinner Crunchy Onion Chicken OR Spaghetti and Meat Sauce Evening Supper Bacon Cheeseburger OR Chopped Chicken Salad	30 Noontime Dinner Garlic Shrimp Scampi OR Korean BBQ Beef Short Ribs Evening Supper Boneless Chicken Wings OR Lasagna Roll Ups	31 Noontime Dinner Maple Glazed Salmon OR Roast Beef Evening Supper Beer Battered Fish & Chips OR Soft Shell Beef Tacos	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper